



NEURO-PROTECTION CONFERENCE 2026

3rd of October 2026

University of Medicine Carol Davila

09:30–10:00 | OPENING CEREMONY & WELCOME

09:30 – Opening Ceremony

Prof. Emeritus Dr. Doina Anca Pleșca, President of the Romanian Society of Pediatrics

Welcome Remarks

- Mirabela Grădinaru – First Lady of Romania – video message
- Romanian Minister of Health – under confirmation
- President ANMCS – under confirmation
- Representative of the Romanian Society of Neonatology
- Diana Gămulescu – President, Romanian Association of Premature Babies

Opening Address: Why Neuroprotection Must Become a National Priority for Every Premature Baby

Prof. Emeritus Dr. Doina Anca Pleșca

NEUROLOGICAL ASSESSMENT -The role of the pediatric neurologist in the early identification of the neurodevelopmental vulnerabilities related to prematurity

Prof. Dr. Dana Craiu

Head of Pediatric Neurology Discipline Obregia, Carol Davila University of Medicine, Neurosciences Department, Bucharest

Senior Pediatrician and Pediatric Neurologist - Reference Center for Rare Pediatric Neurology Disorders Alexandru Obregia Clinical Hospital, Bucharest

Co-chair of The Undiagnosed Rare Disorders Working Group, Institute of Research and Development in Genomics, Bucharest Romania

INTERNATIONAL KEYNOTE

Neuroprotection Starts at Birth

Asociația Prematurilor
CIF: 38279060
Sos Mihai Bravu 215 et 5, sector 2
București, Romania
contact@asociatiaprematurilor.ro



Prof. Nathalie Charpak, MD

Director, Kangaroo Foundation, Bogotá, Colombia; Senior Researcher, Kangaroo Mother Care Research Group; Scientific Coordinator, Kangaroo Mother Care Program, San Ignacio University Hospital

INTERNATIONAL KEYNOTE

Kangaroo Mother Care (KMC): The New WHO 2025 Recommendations and Their Impact on Neurodevelopment

Prof. Nathalie Charpak, MD

INTERNATIONAL KEYNOTE

Early Developmental Intervention in the NICU: From Brain Protection to Better Outcomes

Betty Hutchon, MSc

Topics

- Improving neurodevelopmental outcomes for infants and young children
- Therapeutic positioning and handling
- Family-centred developmental care
- The role of occupational therapists within the neonatal multidisciplinary team

COFFEE BREAK

NEURODEVELOPMENT CARE as a Neuroprotection in the NICU

Prof. Dr. Livia Ognean

EARLY INTERVENTION & NATIONAL CURRICULUM

Curriculum – Training Course for Neonatologists, Pediatric Neurologists, Physiotherapists and Nurses in Early Intervention in the Maternity Unit

Assoc. Prof. Adrian Ioan Toma, MD

Senior Consultant in Neonatology, Specialist in Pediatric Neurology

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Dr. Vlad Dima, MD, PhD

Senior Lecturer, Consultant Neonatologist, Specialist in Pediatrics

President, Academic Society of Clinical Ultrasonography (SAUC)

Vice-President, Romanian Society of Preventive Medicine (SRMP)

Florin Lixandru – Physiotherapist

Developing Romania's National Curriculum for Early Intervention in Premature Infants

Topics

- Neurodevelopment of the Preterm Infant
- Neurological Assessment and Developmental Monitoring
- Multidisciplinary Team Approach: Roles and responsibilities of neonatologists, pediatric neurologists, physiotherapists, and nurses
- Early Stimulation and Early Physiotherapy
- Family-Centred Care and Parental Involvement

NEUROPLASTICITY & REHABILITATION

Neuroplasticity and Rehabilitation in Preterm Infants

Assoc. Prof. Andrada Mirea

Specialist in Physical and Rehabilitation Medicine, “Robănescu-Pădure” National Clinical Center for Neuropsychomotor Rehabilitation for Children

From Neuroprotection to Development and Inclusion- The Role of Pediatrics in the Long-Term Care of the Preterm Child: From NICU to School Age

Prof. Emeritus Dr. Doina Anca Pleșca, President of the Romanian Society of Pediatrics

MULTIDISCIPLINARY FOLLOW-UP

The Premature Infants Health Booklet – a Tool for Multidisciplinary Follow-up

Assoc. Prof. Adrian Ioan Toma, MD

Senior Consultant in Neonatology, Specialist in Pediatric Neurology

Diana Gămulescu

President, Romanian Association of Premature Babies

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|Q&A AND SUMMARY

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NETWORKING